

October 30, 2020

Good Afternoon RMCA Families,

I want to thank all of you for letting me be a part of such a great community. These last couple of weeks have been extremely tough as COVID results continue to climb, the weather has been changing, and the uncertainty of many aspects of the world have continued to cause anxiety and stress. Throughout these weeks you have trusted each other and your school community to take care of your kiddos during this tough time.

RMCA wants to shout out to our amazing facilities staff for keeping such a clean and sanitary building for us to learn in. So much so that COVID has had almost no impact on learning in our student cohorts. So far this year we have had to exclude only one small cohort. Over the last week we have seen not only an uptick in the symptoms and exposure in the broader

community but our school community as well. With this in mind please remember to keep your students home if they are exhibiting symptoms or have been around those that have been exposed or tested positive for COVID. Please continue to reach out to your teacher and our school nurse about these incidences. We have done an amazing job on this so far this year. I attribute our low incidence of exclusion to this great partnership and diligence. Please remember that this is an ever-changing situation here in El Paso County. Just today, the health department released new guidelines for social distancing and has moved us back to

Safer at Home Level 2. Schools have an exemption to this new ruling and RMCA has decided to continue in-person learning as long as we are able. This, however, may change and may change quickly. RMCA teachers have already planned for this eventuality and we will be doing our best to make any transition as smooth as possible. Please look for any communication about this, as I will get it to the community as soon as I can.

Please remember:

- Check all symptoms and temperature at home before you send your students to school.
- Masks are highly recommended for all students and mandatory for students 11 and older.
- Please follow all community health guidelines so that students can come to school safely.
- Please follow up with your teacher about any concerns you have about illnesses.

I want to continue to thank you for your partnership and trust. We will continue to move through this issue as a community. Have a great holiday weekend. See you all on Monday.

Principal Mac



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Front Office Hours
7:30— 4:00

Attendance email

Nancetta Westcott
nwestcott@rmcacs.org

Front Office: 719-622-8000

Fax 719-622-8004

PRESENTED BY
RMCA PTO

CANDY COMPETITION
STARTS THE 26TH

DRIVE THRU
TRUNK
or
TREAT

RMCA

DRIVE THRU TRUNK OR TREAT
SATURDAY, OCTOBER 31ST
4:00-6:00PM IN RMCA PARKING LOT

TRUNKS STILL NEEDED. EARN A \$25 RESTAURANT GIFT CARD FOR HOSTING A TRUNK. CLICK BELOW

<https://www.signupgenius.com/go/60b044aa5a829a6fb6-fall2>

Dear RMCA Community,

With Veteran's Day approaching us on November 11, RMCA has begun preparing for our virtual assembly that will celebrate all Veterans and their families. The assembly will be streamed to each classroom and then available on our website for our community members. The Veterans that are a part of our community mean so much to us, and we are asking you to participate in this solemn occasion. We are asking for photos of our military community members and any immediate or extended family that have served in the military; past and present. If you are interested in being a part of our tribute to Veterans, we would love for you to send any material to RMCAVeterans@rmcacs.org by **Friday, November 6th**. When sending these photos we would appreciate if you would:

- Note your name and/or name of military member
- Let us know your student(s) name and the relation to that student(s)
- Veteran's rank
- Branch of military
- Years in service
- Wars fought and/or deployments

Also, if there are any personal stories you would like to share, we would be happy to have those as well. Please send a digital recording or Word Document of your story along with your pictures to RMCAVeterans@rmcacs.org by Friday, November 6th. We look forward to celebrating Veteran's Day with you!

Thank you,

RMCA Administration and ES2S/JS2S members





Important Information

Please Help!

Front Office is in need of water and masks for students who forget to bring their items.

These items may be used as Volunteer hours. Send your receipt with our items.

Preschool News

We need your help to fill our last few spots in preschool!

If you have friends, family, or co-workers who are looking for an amazing, educational, loving preschool that provides our own before and after care, please have them reach out to Melissa at 719-550-5440 for information on the availability of spaces in our half day, part-time

RMCA Concession is in need of a refrigerator for the concession stand. If you have a slightly used refrigerator that you would like to donate, please email Tanner Humphrey at



Important Information Cont'

Uniforms

Uniforms make it easier for students to focus in class and promote a safe student culture not focused on style, brands, and fashion trends. Please make sure your student's shorts and skirts are long enough to meet the uniform policy guidelines. Shorts and skirts should be no shorter than 2" above the knee when sitting. You may use this link for further information on the [RMCA Uniform Policy](#). Students may "dress up" on occasions when special events are scheduled, ie: music programs, game days for athletes, picture days, etc. Rules for modesty and dress code still apply on these days. Skirts must be of school appropriate length, no strapless or spaghetti strapped tops, no tight or low-cut clothing, no heels greater than 1", etc. Thank you for helping us by having your child follow this policy!

Masks

We will continue to follow the state recommendations for students and staff members on wearing masks and facial coverings. Students ten and younger may wear masks and facial coverings. Students eleven years and older and staff members must wear masks or a facial covering. We ask that students wear masks and facial coverings without words or images that could be scary for our younger students.

Cell Phones and Smart Watches

Students need to have their cell phones turned off and put in their backpacks before they enter the building in the morning. If students have their cell phones out of their backpacks the phone will be sent to the office. Smart watches may be worn if used as watches. If smart watches are used to take pictures, record, text, or place a phone call they will be taken to the office. Parents will be called and will need to pick the phone or smart watch up from the front office.

Water Bottles

Please send your child with a water bottle each day. The drinking fountains have been turned off and covered for student safety. We have a touchless water bottle filling station available near the gym if students need to refill their water bottle through the day. Parents have donated some water bottles for students who have forgotten to bring one.

Cold Weather

Colorado is known for its crazy weather! Be sure to watch the weather forecast and send warm coats for students on colder days. If it is too cold we will keep students in for inside recess, but want to give kids the opportunity to be outside and get their wiggles out as much as possible. The weather forecasters are predicting snow on Tuesday!

« Yearbooks on SALE!

Order
ONLINE

INTER-STATE.COM/ORDER



Order code 53180E

Rocky Mountain Classical Academy

Encore Updates
November 2020

Mark your
Calendar



ART

Greetings from Ms. Parrish in the Art Studio!

I am excited to share the awesome learning and creativity happening now in each grade level! All lessons uphold our wonderful and rich Core Knowledge curriculum as well as the Colorado state standards for Visual Art. Lessons also help to support and strengthen the Literacy and when applicable, the math and science of Core Knowledge and of the Colorado state standards. This is a snapshot of how wonderfully cross curricular the Core Knowledge curriculum can be! **Grade K**, is learning about sculpture and what makes an object three dimensional. The children then create their own unique sculpture! **Grade 1**, is completing their lesson in Spatial Awareness and has also begun the fascinating study of early art / cave art! **Grade 2**, has completed their study of Spatial Awareness and has now begun learning of the beautiful and symbolic art of Ancient Greece! has completed the study of Spatial Awareness in conjunction with learning of directional line - creating 3-D shapes! Now, 3rd, will begin with the study of Ancient Rome and the incredible artistry of that time. I am delighted to share that my **4th graders** have completed their pre - Covid artworks, specifically, their wonderful ceramic Viking Longboats! My amazing 4th graders have also begun studies of the Middle Ages and are currently working on Illuminated Manuscripts, a most spectacular artform of the time period. **5th grade** as well, while when in the study of Africa, has had the opportunity to complete smashing beautiful, wax batiks, an artform of long ago Indonesia - this sensational project began pre-Covid. Additionally, 5th grade has entered into the magnificent study of the Renaissance time period! Emphasis of this study is currently placed on the incredible Gothic Cathedrals that span across all of Europe. On display, I have a superb blend of artworks that showcase the artistry, excitement and creative knowledge and understanding of the Visual Arts ~ through this are the Elements of Art and the Principles of Design. To say that I am proud of my many artists, is not nearly enough! The dedication, joy and effort put into each personal expression, truly comes through in all that they do! It is a total joy to have the opportunity to journey with your child(ren) through the never ending splendor of Visual Art

Warmly,
Ms. Parrish
RMCA Art Director / K - 5 Art Teacher.
cparrish@rmcacs.org



PE

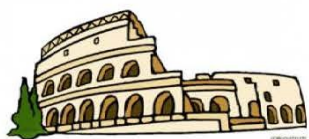
In Physical Education students are running for the mileage club. Be on the lookout for new charms to add to students' mileage club necklace. Each charm signifies that students have accumulated running 2 miles in PE class.

Please be sure to send students to school with non-marking running shoes on their PE day. (You are welcome to send an extra pair of shoes for students to keep in their classroom.) Please also bring a water bottle; the drinking fountains are closed.

Kindergarten and 1st have been following directions with a parachute and will practice catching and throwing, then Soccer, and Basketball. 2nd thru 5th are rotating between Bowling, Volleyball, Hide out, Dodgeball (with soft foam balls), and Hockey.

I look forward to passing along a love of exercise to your students.

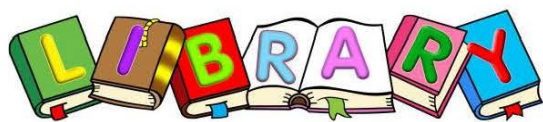
Coach Wil Winter
Elementary Physical Education Teacher
wwinter@rmcacs.org



LATIN

Onto another month already! They are really flying now. **Kindergarten** has been working so hard on learning our "People Words" before we start our unit about Latin colors. **First grade** has done a great job incorporating Latin colors when we've been learning about clothes. Clothing was a very important aspect of Roman culture, and the first graders have been making very smart connections between the clothes Romans wore and the ones we wear. For **second grade**, we have been having some excellent discussions about the gods and goddesses of Rome and how Romans would interact with temples and gods on a daily basis. Second grade is about to learn some of our first action words: things like "I stand," "I sit," "I run," etc. These will be very fun to practice with your students.

Third and fourth grade are each about to start a special cultural unit; **third grade** will be learning about chariot races, and **fourth grade** will be studying gladiators. These units are going to be very fun, as both gladiators and chariot-racing were large parts of Roman daily life and were very exciting. Finally, **fifth grade** will be finishing up the story of Julia and Marcus before moving onto a new textbook. Staying busy! Sincerely, Mr. Booth jbooth@rmcacs.org



Hello RMCA Families!

Your 1st – 5th grade student has been busy in library this past month updating their folders to contain their very own barcode for self-checkout! Students have been trained in the library system and can now check in and out their own books!

1st – 5th grade folders have also been updated with your student's latest STAR test results and students are now shopping with a wider range of sticker dot numbers! This has added a lot of excitement in our library! Please take a moment to ask your student about this new system.

Please continue to make sure your student's Library book is kept in a safe place, away from younger siblings and pets. Also, please be mindful of leaky water bottles in backpacks. They can ruin books and other belongings rather quickly! Ziploc bags work great!

If you need to pay a Library fine for a lost or damaged book, please use this link:

<https://www.shoprmcacs.org/product-page/library-fees>

Please remind your student to come to library prepared with their Library book(s), yellow folder, and pencil bag* every week!

*To limit the spread of illness, students are now required to bring their own supplies, including: 2 sharpened pencils, crayons or colored pencils, scissors, and a glue stick.

Books we are reading in the Library are:

Kindergarten: Dewey There's a Cat in the Library!
The Three Little Wolves and the Big Bad Pig, The 3 Little Dossies

1st Grade: Dinosaurs Before Dark

2nd Grade: The Marvelous Journey of Edward Tulane

3rd Grade: Warriors in Winter

4th Grade: Finishing Peter Pan, Starting The Hatchet

5th Grade: Finishing The Hatchet

Please feel free to contact me if you have any questions or concerns.

Kamrine Finney
kfinney@rmcacs.org

Music



It is amazing to see how far our student musicians have come since the beginning of the year! As we begin this second quarter we look forward even more exciting progress!

Kindergarten has done a wonderful job identifying musical opposites like High and Low, Loud and Soft and Fast and Slow. We will continue to apply these concepts as we practice folk songs and incorporate more classroom percussion instruments like rhythm sticks, shakers and hand drums.

1st Graders are orchestra experts as they applied their understanding of instrument families to the musical themes and characters in Prokofiev's Peter and the Wolf. As we get closer to the holidays we will listen, move and respond to another classic from the Core Knowledge Music Treasury, Tchaikovsky's The Nutcracker.

2nd Graders learned about our National Anthem and its historical context set in the War of 1812. We will take our knowledge of our patriotic music and compare it to other folk songs from different parts of the world. These songs are great for storytelling, movement and rhythmic instrument accompaniment!

3rd Graders are becoming expert music readers in the treble staff. We will continue to practice reading basic patterns on the staff both by singing and playing classroom instruments!

4th Graders are beginning to review rhythmic concepts and patterns. We will be composing and performing original rhythms alone and in groups.

5th Graders are reviewing advanced rhythmic concepts and patterns that will hopefully translate to successful strumming practice as we begin our ukulele unit after the holidays!

If you have any questions or concerns feel free to email me at drafoth@rmcacs.org.

Thank you for supporting our young musicians at RMCA!

Miss Rafoth

Nurse Notes

"If you have not yet completed your students health history form in PowerSchool, please do so. The health room needs all pertinent health information to best care for your student. Also, if you have not submitted an updated immunization record of your child's, please provide a copy for the health room. These can be brought in by your student or emailed directly to the nurse at kgriffiths@rmcacs.org. Please feel free to contact the

Stop the Spread of COVID-19



WASH YOUR HANDS
often with soap and
water for 20 seconds.



USE HAND SANITIZER
with at least 60% ethyl
alcohol or 70% isopropyl
alcohol when handwashing
is not available.



WEAR A MASK
or fabric face covering.



**STAY AT LEAST
6 FEET APART.**



**STAY HOME IF
YOU'RE SICK.**



Asthma and Allergy
Foundation of America

aafa.org/covid19

IS IT COVID-19, THE FLU, A COLD OR ALLERGIES?

Symptoms	Coronavirus* (COVID-19) <small>Symptoms range from mild to severe</small>	Cold <small>Gradual onset of symptoms</small>	Flu <small>Abrupt onset of symptoms</small>	Seasonal Allergies <small>Abrupt onset of symptoms</small>
Length of symptoms	7-25 days	Less than 14 days	7-14 days	Several weeks
Cough	Common (usually dry)	Common (mild)	Common (usually dry)	Rare (usually dry unless it triggers asthma)
Shortness of breath	Sometimes	No**	No**	No**
Sneezing	No	Common	No	Common
Runny or stuffy nose	Rare	Common	Sometimes	Common
Sore throat	Sometimes	Common	Sometimes	Sometimes (usually mild)
Fever	Common	Short fever period	Common	No
Feeling tired and weak	Sometimes	Sometimes	Common	Sometimes
Headaches	Sometimes	Rare	Common	Sometimes (related to sinus pain)
Body aches and pains	Sometimes	Common	Common	No
Diarrhea	Sometimes	No	Sometimes for children	No
Chills/repeated shaking	Sometimes	No	Sometimes	No
Loss of taste or smell	Sometimes	Rare	Rare	Rare

Your symptoms may vary. *Information is still evolving. **Allergies, colds and flus can all trigger asthma, which can lead to shortness of breath. COVID-19 is the only one associated with shortness of breath on its own.

Sources: Asthma and Allergy Foundation of America, World Health Organization, Centers for Disease Control and Prevention, edited 4/29/20 • aafa.org/covid19

**Submit an
Anonymous
Report**

safe² tell Colorado

Make a Report. Make a Difference.



1-877-542-7233



Anonymously report anything that concerns or threatens you, your friends, your family or your community.
We are open 24/7, 365 to take reports.

Parents are key players in creating safer schools and communities. Safe2Tell Colorado provides the only anonymous way for students, parents and community members to report unsafe and risky behaviors before they grow out of control. Each year, Safe2Tell Colorado receives thousands of reports on bullying, cyber-bullying, suicide threats, mental health concerns, child abuse, substance abuse, violence, planned school attacks, and other concerning behaviors. Each concern reported to Safe2Tell Colorado allows for caring, concerned adults to effectively intervene in the life of a child or youth who is struggling. Safe2Tell Colorado wants everyone to know - telling isn't "snitching." Telling is when you need to keep yourself or someone you know safe from threats, harmful behaviors or dangerous situations.

Not sure if you should use Safe2Tell? If you don't, who will? We need your help to improve your school and community. By calling, you can help stop a friend from committing suicide, get another student off drugs, or stop a bully from making other people miserable. If you have information about the following topics, please call.

To make a report, call 1-877-542-7233 from anywhere, 24 hours a day, seven days a week. The call is free. You may also make a report by clicking on the yellow conversation box adjacent to this paragraph that reads Submit a Tip or download the Safe2Tell mobile app on the [Apple App Store](#) or [Google Play](#). Remember, your identity is safe. No one will ask for your name or number. There is no caller id., no call tracing, no call recording and no call forwarding. We only want to hear your concern and try to help.

The anonymity of all Safe2Tell Colorado reports is protected by C.R.S. 07-197. This means the reporting party remains UNKNOWN by Colorado State Law.

Lunch



My Kid's Lunch

All meals are free to students until the end of the school year.

All Meals: Fresh Fruit, Milk and Entrée

At RMCA we are invested in our students' health and are committed to offer healthy food to our students.

Extra Milk \$.60

Lunch \$2.95

Breakfast \$3.00

Adults \$3.70

Monday 11/2/20	Tuesday 11/3/20	Wednesday 11/4/20	Thursday 11/5/20	Friday 11/6/20
English Muffin Egg Patty Spiced Pears Whole Apple Chicken Soft Tacos Cheddar Cheese Tortillas Sliced Peaches Pinto Beans	Pancakes, Syrup 100% Juice Whole Orange WW Penne Beef Meat Sauce Seasonal Fruit Steamed Broccoli	Lemon Poppyseed Bread 100% Juice Dried Pineapple Chicken Tenders & Waffles, Syrup Fruit Cup Home Fries	Cinnamon Roll 100% Juice Fresh Banana Beef Sloppy Joe Wheat Bun Seasonal Fruit Steamed Corn	Zucchini Bread Applesauce Dried Papaya Grilled Cheese Sliced Pears Diced Carrots

Volunteers

If you have not done so, please make sure you have completed the volunteer application. You must complete an application to volunteer or receive volunteer hours.

Click on the following link

<https://apps.raptortech.com/Apply/MzEzMTplbi1VUw==>

Due to COVID-19, please contact your teacher for work-at home projects.

Volunteer Hours

Donations are accepted for volunteer hours. Please bring item (s) to the front office with a receipt. Hours will log accordingly.